

# Child and Adolescent Mental Health and Neurodevelopmental Disorders

Dedicated to the Memory of Professor Konstantin Danielyan

**Course Format:** The Symposium will take place online via Zoom.

## Day 1: Friday, September 23, 2022

- 18:00-22:15 Armenia Time (AMT)
- 16:00-20:15 Central Europe Time (CET)
- 7:00am-11:15am Pacific Standard Time (PDT)

## Day 2: Saturday, September 24, 2022

- 18:00-22:35 Armenia Time (AMT)
- 16:00-20:35 Central Europe Time (CET)
- 7:00am-11:35am Pacific Standard Time (PDT)

**Target Audience:** Psychiatrists, psychologists, rehabilitation specialists, occupational therapists, physical therapists, speech therapists, pediatricians, developmental pediatricians, family doctors, nurses, social workers, counselors, educators

## Overview

Recently, a number of organizations worldwide have issued an urgent warning about a mental health crisis among children and adolescents. It has been declared a “national emergency” in the United States by the American Academy of Pediatrics, the Children’s Hospital Association and the American Academy of Child and Adolescent Psychiatry. Although the rates of mental health problems in youth have been rising steadily over the past decade, the stress associated with the corona-virus pandemic has made the situation significantly more acute. Suicide is one of the leading causes of death for people between the ages of 10 and 24. The percentage of emergency department visits for mental health emergencies in the USA rose by 24% for children between the ages of 5 and 11 and by 31% for those 12 to 17, compared with 2019. One in seven 10-19-year-olds in the world experiences a mental disorder, accounting for 13% of the global burden of disease in this age group. Prevalence of Autism Spectrum Disorders has also been increasing worldwide partly due to improved early screening and diagnostic methods. The situation with mental health in youth has been critical in Armenia for some time. The recent war imposed by Azerbaijan had a significant impact on the emotional wellbeing of the youth and their families. One of the main targets of the conference is to share the experience and expertise of our colleagues in this field. The knowledge gained from this meeting will help us to provide more comprehensive and advanced care to the youth with mental health disorders in Armenia.

## Goals

- Understand** the current status of child and adolescent mental health services in Armenia
- Learn** about the standards of care for various mental health and neurodevelopmental disorders in youth
- Establish** a closer collaboration between experts in pediatric mental health in Armenia and worldwide

**Course Access:** An email will be sent to all registered course participants a few days prior to the start of the program containing instructions to access the course. The email will be sent from icpdarmenia@gmail.com to the email address you used to register for the conference.

**Accreditation:** Armenian CME will be provided. Please contact your local accrediting bodies to determine whether this conference can qualify as CE credits for your profession.

**Language:** English with Armenian simultaneous translation

## AGENDA

**Symposium Co-Chairs: Dr. Arman Danielyan and Dr. Armen Soghoyan**

### DAY 1, September 23, 2022

Time			
AMT	CEST	PDT	
17:30-17:50	15:30-15:50	6:30am-6:50am	Registration/Sign In
17:50-18:00	15:50-16:00	6:50am-7:00am	Welcome Remarks Ara Babloyan, MD, PhD -International Center for Professional Development (ICPD) Representative-Ministry of Health of Armenia
18:00-18:20	16:00-16:20	7:00am-7:20am	<b>PLENARY SESSION</b> The Role of Prof. Konstantin Danielyan in the Development of Psychiatry in Armenia. Child and Adolescent Mental Health in Armenia: Current Challenges and Future Directions <i>Speaker</i> Armen Soghoyan, MD, PhD (Armenia)
18:20-19:10	16:20-17:10	7:20am-8:10am	<b>Presenter – Arman Danielyan, MD, FAPA, DFAACAP (USA)</b> <b>Keynote Speaker</b> Psychopharmacology of Autism Spectrum Disorders (ASD): Clinical and Research Update Antonio Hardan, MD (USA)
<b>SYMPOSIUM 1</b> <b>Autism Spectrum and Neurodevelopmental Disorders</b> <b>Moderators: Manushak Yeritsyan, MD (Armenia) and Irene Nigolian, MD (Switzerland)</b>			
19:10-19:40	17:10-17:40	8:10am-8:40am	<b>Session 1.</b> Autism Spectrum disorders: Approaches in Armenia Karine Lyulejyan, MD Nvard Ter-Voskanyan, MD Armenuhi Avagyan, MD, PhD (Armenia)
19:40-20:00	17:40-18:00	8:40am-9:00am	<b>Session 2.</b> Evaluation of Developmental Delay Bea Latal, MD, MPH (Switzerland)
20:00-20:20	18:00-18:20	9:00am-9:20am	Moderated Q&A
20:20-20:30	18:20-18:30	9:20am-9:30am	Break
<b>SYMPOSIUM 2</b> <b>Trauma and Posttraumatic Growth</b> <b>Moderators: Nvard Ter-Voskanyan, MD (Armenia) and Rita Kuyumjian-Sulahian, MD, FRCP (Canada)</b>			
20:30-21:00	18:30-19:00	9:30am-10:00am	<b>Session 1.</b> Compare and Contrast Resilience and Post Traumatic Growth in Children and Young Adults Khachatur Gasparyan, PhD (Armenia) Rita Kuyumjian-Sulahian (Canada)
21:00-21:20	19:00-19:20	10:00am-10:20am	<b>Session 2.</b> Preventing Traumas via Resilience Development Bellinda Gosdanian (Canada)
21:20-21:50	19:20-19:50	10:20am-10:50am	<b>Session 3.</b> Adverse Childhood Experiences and Their Health Consequences John Arden, PhD, ABPP (USA) Ruzanna Azatyan, MD, PhD (Armenia)
21:50-22:10	19:50-20:10	10:50am-11:10am	Moderated Q&A
22:10-22:15	20:10-20:15	11:00am-11:15am	Closing Remarks Armen Soghoyan, MD, PhD (Armenia)

### DAY 2, September 24, 2022

Time			
AMT	CEST	PDT	
17:30-18:00	15:30-16:00	6:30am-7:00am	Registration/Sign In
18:00-18:20	16:00-16:20	7:00am-7:20am	<b>PLENARY SESSION</b> International Perspectives on Child and Adolescent Mental Health: The Need for Action Arman Danielyan, MD, FAPA, DFAACAP (USA)
18:20-18:50	16:20-16:50	7:20am-7:50am	<b>Presenter – Maruke Yeghiyan, MD, PhD (Armenia)</b> <b>Keynote Speaker:</b> Irritability and Mood Disorders in Children and Adolescents Gabrielle Arakelian Carlson, MD (USA)
<b>SYMPOSIUM 3</b> <b>Mood and Anxiety Disorders in Children and Adolescents</b> <b>Moderators: Siranush Hakobyan, MD (Armenia) and Louis Najarian, MD (USA)</b>			
18:50-19:10	16:50-17:10	7:50am-8:10am	<b>Session 1.</b> Primary Depression of the Baby and Fates of a Psychic and Physical Collapse Serge Sanchez, MD (Switzerland)

19:10-19:30	17:10-17:30	8:10am-8:30am	<b>Session 2.</b> Suicide and Non-Suicidal Self-Injurious Behaviors in Children and Adolescents Kamo Vardanyan, PhD (Armenia)
19:30-19:45	17:30-17:45	8:30am-8:45am	Moderated Q&A
<b>SYMPOSIUM 4</b> <b>Attention Deficit Hyperactivity Disorder (ADHD) and Behavioral Disorders in youth</b> <b>Moderators: Armen Soghoyan, MD, PhD (Armenia) and Khachatur Gasparyan, PhD (Armenia)</b>			
19:45-20:15	17:45-18:15	8:45am-9:15am	<b>Session 1.</b> Attention Deficit Hyperactivity Disorder (ADHD): Across the Life Cycle Louis Najarian, MD Arman Danielyan, MD, FAPA, DFAACAP (USA)
20:15-20:25	18:15-18:25	9:15am-9:25am	<b>Session 2.</b> On the Scope of Work Carried out with ADHD in Armenia Lilit Karapetyan, PhD (Armenia)
20:25-20:45	18:25-18:45	9:25am-9:45am	<b>Session 3.</b> Juvenile Justice System for Youth with Conduct Disorders Allen Azizian, PhD (USA)
20:45-21:00	18:45-19:00	9:45am-10:00am	Moderated Q&A
21:00-21:05	19:00-19:05	10:00am-10:05am	Break
<b>SYMPOSIUM 5</b> <b>System of Care for Youth with Mental Health Problems in Armenia</b> <b>Moderators: Arman Danielyan MD, FAPA, DFAACAP (USA) and Lilit Karapetyan, PhD (Armenia)</b>			
21:05-21:25	19:05-19:25	10:05am-10:25am	<b>Session 1.</b> From Paediatrics to Psychiatry: The Role of Paediatricians in the Prevention of Mental Disorders in Children and Adolescents Siranush Hakobyan, MD (Armenia)
21:25-21:55	19:25-19:55	10:25am-10:55am	<b>Session 2.</b> Standards of Care for Psychiatrically Hospitalized Youth Arthur Mkrtchyan, MD, PhD, DSc (Armenia) Narine Israyelyan, MD (Armenia)
21:55-22:15	19:55-20:15	10:55am-11:15am	<b>Session 3.</b> Gender Identity Disorders in Youth Ruzanna Azatyan, MD (Armenia)
22:15-22:30	20:15-20:30	11:15am-11:30am	Moderated Q&A
22:30-22:35	20:30-20:35	11:30am-11:35am	Closing Remarks Arman Danielyan MD, FAPA, DFAACAP (USA)

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